A mental health conference for caregivers, family members living with a mental illness, mental health organizations and professionals

“My mind, I have come to say, is both my worst enemy and my best friend.”

Elyn R. Saks, J.D., Ph.D.
Our Mission:
The Brain & Behavior Research Foundation is committed to alleviating the suffering caused by mental illness by awarding grants that will lead to advances and breakthroughs in scientific research.

Our Vision:
To bring the joy of living to those affected by mental illness—those who are ill and their families and friends.

How We Do It:
100% of all donor contributions for research are invested in NARSAD Grants leading to discoveries in understanding causes and improving treatments of disorders in children and adults, such as depression, bipolar disorder, schizophrenia, autism, attention-deficit hyperactivity disorder, and anxiety disorders like obsessive-compulsive and post-traumatic stress disorders.

Our Credentials:
Over a quarter of a century, we have awarded nearly $300 million worldwide to more than 3,300 scientists carefully selected by our prestigious Scientific Council.

Event-at-a-Glance
8:30 a.m.  Registration
9:00 – 10:30 a.m.  Panel Discussion: Translating Research into Practice
10:45 – 11:45 a.m.  Small Group Discussions with Leading Researchers
12:00 – 12:30 p.m.  Keynote Address: “Leading a Productive Life” by Elyn R. Saks, J.D., Ph.D.
12:30 – 2:00 p.m.  Networking Luncheon

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Acting President & CEO
Brain & Behavior Research Foundation

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Artwork (cover detail, left and page 6): Yellow and Blue Abstract by Tom Wagner courtesy of NARSAD Artworks, a non-profit organization dedicated to reproducing and selling artwork by, and on behalf of, the mentally ill.

Conference photos from the Brain & Behavior Research Foundation Women’s Mental Health Conference, September 2012, in New York City.
I am very pleased to announce the “Discovery to Recovery: A Path to Healthy Minds” conference taking place on Tuesday, April 30, 2013, at the Luxe Sunset Boulevard Hotel in Los Angeles, California.

The conference is themed “Discovery to Recovery” because our Foundation funds innovative research to identify the causes, improve treatments and develop prevention strategies for mental illness. Our goal is to improve lives—the discoveries made possible through our research grants offer a real chance of recovery for the millions of people living with mental illness.

Our keynote speaker, Elyn Saks, J.D., Ph.D. brings this idea of discovery to recovery to life in a remarkable way. Dr. Saks, a very accomplished Professor of Law and recipient of a “Genius Grant,” also lives with schizophrenia. Her life story demonstrates how research discoveries and improvements in treatments and therapies can enable a full, productive life in spite of a serious illness. She is an inspiration for us all.

Several leading researchers whose work we have funded will also present the very latest discoveries on early intervention and improved treatments for disorders ranging from autism and schizophrenia to depression and bipolar disorder. These world experts will participate in an interactive panel discussion with a question and answer session and will also lead small group discussions on specific illnesses.

We invite you, your friends and family to join us for a day of enlightenment and an intellectual exchange of essential information.

I hope to see you on April 30th!

Sincerely,

Jeffrey Borenstein
8:30 a.m.  Registration, Display Showcase, Continental Breakfast

9:00 a.m.  Panel Discussion: Translating Research into Practice

**Moderator**
Jeffrey Borenstein, M.D.
Acting President & CEO
Brain & Behavior Research Foundation

**Panelists:**

- **Cameron S. Carter, M.D.**
  Professor of Psychiatry and Psychology
  University of California, Davis
  Brain & Behavior Research Foundation Scientific Council Member

- **Daniel Geschwind, M.D., Ph.D.**
  Gordon and Virginia MacDonald Distinguished Chair in Human Genetics
  Professor Neurology, Psychiatry and Human Genetics
  University of California, Los Angeles
  Brain & Behavior Research Foundation Scientific Council Member

- **Rachel Loewy, Ph.D.**
  Associate Professor, Department of Psychiatry
  University of California, San Francisco
  NARSAD Grantee

- **Carrie E. Bearden, Ph.D.**
  Associate Professor, Psychiatry and Biobehavioral Sciences,
  Semel Institute for Neuroscience and Behavior
  University of California, Los Angeles
  NARSAD Grantee
10:45 a.m.  Small Group Sessions:
Select one of four concurrent sessions with leading researchers

Session 1
Early Diagnosis and Treatment of Schizophrenia
Cameron S. Carter, M.D.

Session 2
How Genetic Advances in Autism Spectrum Disorder Inform Development of Therapies
Daniel Geschwind, M.D., Ph.D.

Session 3
Early Psychosis: Risk Factors, Prevention and Recovery
Rachel Loewy, Ph.D.

Session 4
Risk and Vulnerability for Mood Disorders in Teens
Carrie E. Bearden, Ph.D.

12:00 p.m.  Keynote Address: Living a Productive Life
Elyn R. Saks, J.D., Ph.D.
Author and Professor of Law, Psychology and Psychiatry
University of Southern California Gould School of Law
2010 Brain & Behavior Research Foundation Productive Lives Awardee

12:30 p.m.  Networking Luncheon

2:00 p.m.  Program Concludes
REGISTRATION FEES
$75 per person Early Bird Discount — Available until March 15, 2013
Two for $150 Register With a Friend — Available until April 15, 2013
$80 per person — March 16, 2013 through April 15, 2013
$100 per person — April 16, 2013 through April 30, 2013
$800 for a Table of 10 — Submit guest names on a separate document or call Special Events at (800) 829-8289

FEE INCLUDES:
A panel discussion with Q&A, 1 Research Session, Keynote Address, educational materials, continental breakfast and lunch

HOTEL ACCOMODATIONS
For your convenience we have negotiated a special conference room rate with the Luxe Sunset Boulevard Hotel. The cut-off for reservations at the Conference rate is midnight, Friday, April 12, 2013. After this date all rooms and rates are based upon availability. Reserve a room online or call the hotel directly: Online: at www.luxesunset.com. The online booking code is BRAINAH Call: (310) 476-6571 or (866) 693-3770 and reference the Brain & Behavior Research Foundation.

PARKING
Valet parking is offered for $8.00 for the Conference. Self parking is not available.

CANCELLATION/REPLACEMENT POLICY
100% of your registration fee will be refunded for cancellations received on or before March 29, 2013. After March 29, 2013 all registration fees are non-refundable. Replacements can be made at any time including the day of the conference.
Registration Form

Name ________________________________

Address ________________________________

City________________________ State________ Zip__________

Email ________________________________ Phone ____________________

Organization Affiliation ________________________________

SELECT YOUR 1ST AND 2ND CHOICE SESSIONS.
Space in each session will be filled in the order responses are received.

____ Session 1 Early Diagnosis and Treatment of Schizophrenia

____ Session 2 How Genetic Advances in Autism Spectrum Disorder Inform Development of Therapies

____ Session 3 Early Psychosis: Risk Factors, Prevention & Recovery

____ Session 4 Risk and Vulnerability for Mood Disorders in Teens

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☑ Enclosed is $_________: Registration for ____ person(s)

Please add my tax deductible contribution to Brain & Behavior Research Foundation in the amount of $______________

I cannot attend but would like to make a contribution for $______________

Total Enclosed $______________

Payment Method:

☑ Check Enclosed: Made payable to “Brain & Behavior Research Foundation”

Credit Card: ☐ AmEx ☐ Discovery ☐ VISA ☐ Mastercard

Name on Credit Card ________________________________

Card No. ________________________________ Exp. Date __________________

Signature ________________________________

FOR YOUR GUEST(S): Submit guest names and session selection(s) on a separate document or call Special Events at (800) 829-8289
Elyn R. Saks, J.D., Ph.D.
Orrin B. Evans Professor of Law, Psychology and Psychiatry and the Behavioral Sciences
University of Southern California Gould School of Law
Adjunct Professor of Psychiatry
University of California, San Diego School of Medicine
2010 Brain & Behavior Research Foundation Productive Lives Awardee

Elyn Saks’ promise showed early. Graduating summa cum laude from Vanderbilt University, she earned a master’s degree in philosophy on a Marshall Scholarship at Oxford University and a law degree with honors at Yale. Amply fulfilling her promise, she went on to become a distinguished legal scholar, Ph.D. in psychoanalytic science, best-selling author and recipient of a 2009 MacArthur Foundation “Genius Grant.”

Mental illness also showed up early. In her book “The Center Cannot Hold: My Journey Through Madness,” published in 2007, she relates her 30-year struggle with schizophrenia. Wrenching in its honesty and beauty, it was on the New York Times extended best seller list. Oliver Sacks called it “the most lucid and hopeful memoir of living with schizophrenia I have ever read.”

Dr. Saks is on the faculty of the New Center for Psychoanalysis, where she earned her Ph.D. She has written extensively on mental illness and the law in both scholarly and popular articles and in three books: “Refusing Care: Forced Treatment and the Rights of the Mentally Ill”; “Interpreting Interpretation: The Limits of Hermeneutic Psychoanalysis” and “Jekyll on Trial: Multiple Personality Disorder and Criminal Law.” Her latest work, “Informed Consent to Psychoanalysis: The Law, the Theory and the Data,” co-authored with Shahrokh Golshan, has recently been published.

The list of honors and awards that have come to Dr. Saks is long and impressive and includes the Brain & Behavior Research Foundation 2010 Productive Lives Award.

Jeffrey Borenstein, M.D.
Acting President & CEO
Brain & Behavior Research Foundation

Dr. Borenstein joined the Brain & Behavior Research Foundation in 2012.

After completing his undergraduate degree at Harvard University and his medical degree at New York University, Dr. Borenstein focused on psychiatric practice and served as the CEO and Medical Director of Holliswood Hospital. He developed the public television program “Healthy Minds,” and serves as host of the series. The program, which is broadcast nationwide, focuses on topics in psychiatry in order to educate the public, reduce stigma and offer a message of hope.

Dr. Borenstein is also the Editor-in-Chief of Psychiatric News, the newspaper of the American Psychiatric Association. He serves as an Associate Clinical Professor of Psychiatry at Columbia University College of Physicians & Surgeons. Dr. Borenstein is a Fellow of the New York Academy of Medicine and serves as the Chair of the Section of Psychiatry at the Academy. Additionally, he chairs the Council on Communications of the American Psychiatric Association and has served as the President of the National Association of Psychiatric Health Systems.
Presentations

Cameron S. Carter, M.D.
Professor, Department of Psychiatry and Psychology
Director, Center for Neuroscience and the Imaging Research Center
University of California, Davis
Brain & Behavior Research Foundation Scientific Council Member
1994 and 1997 NARSAD Young Investigator Grants
2007 NARSAD Distinguished Investigator Grant
1998 Brain & Behavior Research Foundation Klerman Prize Honorable Mention
and 2001 Klerman Prize for Exceptional Clinical Research by a Young Investigator

Dr. Carter’s clinical interest is in the early diagnosis and treatment of neurodevelopmental disorders. His research focuses on understanding the neural basis of healthy cognition and the pathophysiology of disturbances in higher cognition and emotion in patients with brain and behavior disorders such as schizophrenia, bipolar disorder and autism. He hopes to provide new understanding of the nature and causes of these disorders and, as a result, contribute to the development of therapies that can improve patients’ chances of recovering their functioning and improving their quality of life. His work reflects the latest in neuroimaging and electrophysiology technology.

Daniel H. Geschwind, M.D., Ph.D.
Gordon and Virginia MacDonald Distinguished Chair in Human Genetics
Professor of Neurology and Psychiatry at University of California, Los Angeles
School of Medicine (UCLA)
Director of the Neurogenetics Program and the Center for Autism Research and Treatment (CART)
Co-director of the Center for Neurobehavioral Genetics at UCLA
Brain & Behavior Research Foundation Scientific Council Member
2012 Brain & Behavior Research Foundation Ruane Prize
for Outstanding Achievement in Child and Adolescent Psychiatric Research

Dr. Geschwind works to improve our understanding of human neuropsychiatric diseases, such as autism and neurodegenerative diseases, and their relationship to the range of normal human higher cognitive function and behavior. Over the last decade, his laboratory has focused on finding genes causing autism largely based on the study of autism-related endophenotypes such as language delay. In addition, the goal of his work is to develop effective, targeted therapeutics for neuropsychiatric diseases such as autism. Dr. Geschwind has also put considerable effort into fostering large-scale collaborative patient resources for genetic research and data sharing, and has played a major role in the founding of, and providing scientific oversight, for the Autism Genetic Resource Exchange (AGRE).
Rachel Loewy, Ph.D.
Associate Professor, Department of Psychiatry
University of California, San Francisco
2007 and 2009 NARSAD Young Investigator Grants

Dr. Loewy has been working in the area of psychosis prevention for over 15 years. She has conducted research ranging from screening for psychosis risk, to identifying predisposing factors for psychosis, particularly those related to the experience of stress and trauma, to testing novel interventions for cognitive deficits in early schizophrenia. She also works to implement evidence-based treatments for early psychosis into typical community practice through the Prevention and Recovery in Early Psychosis (PREP) programs, which provide services to young people and their families in five California counties.

Carrie E. Bearden, Ph.D.
Associate Professor, Departments of Psychiatry and Biobehavioral Sciences and Psychology
Semel Institute for Neuroscience and Human Behavior
University of California, Los Angeles
2003 and 2005 NARSAD Young Investigator Grants

Dr. Bearden’s research aims to understand neurobiological influences on brain structure in the development of mood disorders and psychosis in high-risk populations. In addition to receiving two NARSAD Young Investigator Grants, she has received awards and honors from the International Congress for Schizophrenia Research, the American College of Neuropsychopharmacology (ACNP), the A.E. Bennett Neuropsychiatric Research Award for Clinical Science in Biological Psychiatry, and the Samuel Gershon Junior Investigator Award from the International Society for Bipolar Disorders.

About the Artist

Tom Wagner

Born in August 1953, Tom Wagner dreamed of becoming a professional dancer. At age 19, just when he got word that he had won a spot with the Pittsburgh Ballet—his life-long dream—he was diagnosed with bipolar disorder and his life took an unexpected turn. Determined not to be defeated, he went on to graduate cum laude from East Stroudsburg University. He studied drama at Carnegie-Mellon University, theater at the University of Scranton and received an MA in the art/painting program at Marywood College in Scranton.

Now a successful artist, Tom has had numerous exhibitions including several that were national. His paintings have been published as cover images on Playbill for Carnegie Hall, NYC; Euphony for University of Chicago and The Literary Review for Fairleigh Dickinson University. For more, visit: TomWagnerStudio.com.

Artwork: *Yellow and Blue Abstract* by Tom Wagner courtesy of NARSAD Artworks, a non-profit organization dedicated to reproducing and selling artwork by, and on behalf of, the mentally ill.
The Brain & Behavior Research Foundation makes NARSAD Grants available through three programs:

- **NARSAD Young Investigator Grants** help researchers launch careers in neuroscience and psychiatry and gather pilot data to apply for larger federal and university grants.
- **NARSAD Independent Investigator Grants** support mid-career scientists during the critical period between initiation of research and receipt of sustained funding.
- **NARSAD Distinguished Investigator Grants** enable outstanding scientists to pursue new, cutting-edge ideas with the greatest potential for breakthroughs.

NARSAD Grants fund:

- **Basic Research**—to understand what happens in the brain to cause mental illness
- **New Technologies**—to advance or create new ways of studying and understanding the brain
- **Diagnostic Tools / Early Intervention**—to recognize early signs of mental illness and treat as early as possible
- **Next Generation Therapies**—to reduce symptoms of mental illness and retrain the brain