PROGRAM DIRECTORY
OF EARLY PSYCHOSIS INTERVENTION PROGRAMS

EARLY ASSESSMENT & SUPPORT ALLIANCE (EASA)
FOUNDATION FOR EXCELLENCE IN MENTAL HEALTH CARE (FEMHC)
PORTLAND, OREGON, UNITED STATES
PURPOSE

This directory has been created by the Foundation for Excellence in Mental Health Care (FEMHC) and the Early Assessment and Support Alliance (EASA) Center for Excellence at Portland State University. FEMHC is an international community foundation dedicated to connecting visionary donors with innovative recovery-focused programs. The Foundation strives to identify promising initiatives and inspire change. EASA consists of a statewide network of programs in Oregon with a coordinated approach to early psychosis intervention. It provides information and support to young people who are experiencing symptoms of psychosis for the first time. The EASA Center for Excellence is the research and administrative arm of EASA.

The purpose of this directory is to create a database and directory of early intervention programs for psychosis within the U.S. Additional goals include facilitating a communicative network among these programs, creating tools for referral, comparing outcome measurements, and determining potential future research studies. This information is up-to-date as of January 2015, but its relevance may change as programs do. If you identify inaccuracies or changes since we compiled the information, please contact Ryan Melton at the EASA Center for Excellence at (503) 725-9608, Elinor Taylor at 971-240-7788, or Bob Nikkel at the Foundation for Excellence in Mental Health Care at (503) 929-9346.

It is important to note there are differences in what stages of early psychosis these programs focus on, and in the services provided. Some programs are tailored towards assessing and treating individuals who are considered to be at high risk for psychosis based on a standardized tool such as the Structured Interview for Psychosis Risk Syndrome. These programs are attempting to identify and provide intervention during a prodromal stage, which refers to an early set of symptoms (such as unusual thinking and perceptual disturbances) prior to the onset of acute psychosis.

Other programs emphasize intervention after first-episode (FE), which means that the individual has already experienced psychosis. Psychosis is differentiated from high risk based on the severity of symptoms, degree to which a person is aware of changes in perceptions and thought process, whether they are able to engage in reality testing, the degree to which they are modifying their behavior, and the level of impact on their level of distress and functioning.

There are concerns about the large number of individuals who are identified as “at risk” for psychosis who would never go on to develop psychosis, and whether these individuals may be exposed to inappropriate labeling and medications. Growing international consensus based on emerging research is that treatment for individuals considered at high risk should generally focus on psychosocial, non-pharmaceutical interventions, unless there is a rapid onset of psychosis. FEMHC and EASA recognize the importance of early intervention generally for young adults and families in need, and that early psychosis intervention is an active field of research. Thus, we aim to be inclusive and include all program information available.

Thank you for your interest and feel free to contact us for further information!
ARIZONA

Tucson

Early Psychosis Intervention Center (EPICENTER)
University of Arizona Medical Center – South Campus
2800 E. Ajo Way
Tucson, AZ 85713
(520) 874-7531
Dr. Nicholas Breitborde, Director

CALIFORNIA

Bay Area/San Joaquin Valley/Monterey

Prevention and Recovery in Early Psychosis PREP

PREP consists of a statewide network of programs within California that focus on early psychosis intervention. The following listings are for specific PREP sites.

PREP Alameda: (510) 318-6100, e-mail: prepac@mhaac.org
  Kris Campbell, Clinical Program Manager, kcampbell@fsasf.org
PREP Salinas/Monterey: (831) 424-5033, e-mail: PREPMonterey@fsasf.org
  Tricia Lara, MFT, tlara@fsasf.org
PREP San Francisco: (415) 476-7278, e-mail: PREPSF@fsasf.org
  Claire Scott, Associate Director (San Francisco, San Mateo, Alameda), cscott@fsasf.org
PREP San Joaquin/Stockton: (209) 603-5936, e-mail: prepstockton@fsasf.org
Adriana Furuzawa, Associate Director (San Joaquin, Monterey), afuruzawa@fsasf.org
PREP San Mateo: (650) 504-3374 e-mail: prepinfo@fsasf.org
Val Ruszovan, Program Manager, vruszovan@fsasf.org

Concord/Contra Costa County
First Hope
Contra Costa County Behavioral Health Services
1034 Oak Grove Road
Concord, CA 94518
(925) 681-4450
Phyllis Mace, LMFT, Acting Program Supervisor

Los Angeles
The Staglin Music Festival Center for the Assessment and Prevention of Prodromal States (CAPPS)
Departments of Psychology and Psychiatry & Biobehavioral Sciences
University of California, Los Angeles
Neuropsychiatric Institute
300 Building Medical Plaza
Los Angeles, CA 90095
(310) 206-3466
Dr. Carrie Bearden, Site Director

Modesto
LIFE Path
Sierra Vista Child & Family Services
1400 K Street, Ste.
Modesto, CA 95354
(209) 312-9580
info@sierravistacares.org
Donnieau E. Snyder, MFT, PhD

Orange County
Orange County Center for Resiliency Education and Wellness (OC CREW)
792 Town & County, Building E
Orange, CA 92868
Main Phone: (714) 480-5100
Fax: (714) 836-5801
Teresa Renteria, LMFT, Service Chief I
Direct Phone: (714) 480-5115

Sacramento
EDAPT (Early Diagnosis and Preventive Treatment) Clinic
UC Davis Medical Center
University of California
(916) 734-2964
2230 Stockton Blvd.
Sacramento, CA 95817
Dr. Cameron Carter, Director

San Diego
Kickstart
Providence Community Services
6153 Fairmount Ave. Suite 260
San Diego, CA 92120
(619) 481-3790
Fax: (619) 481-3797
Joseph Edwards, Assistant Clinical Director
Cognitive Assessment and Risk Evaluation (CARE) Program
University of California, San Diego (UCSD)
140 Arbor Drive, 4th Floor
San Diego, CA 92103
(619) 543-7745
E-mail: care@ucsd.edu
Kristin Cadenhead, M.D

San Francisco
PART (Prodrome Assessment Research and Treatment) Program
University of California, San Francisco (UCSF)
The Langley Porter Psychiatric Institute
401 Parnassus Ave., San Francisco, CA, 94143-0984
(415) 476-PART or (415) 476-7278
Rachel Loewy, Director

UCSF Early Psychosis Clinic
University of California, San Francisco (UCSF)
Department of Psychiatry
The Langley Porter Psychiatric Institute
401 Parnassus Ave., San Francisco, CA, 94143-0984
415-476-PART (7278)
Damien Rose
Damien Rose’s Office Phone: 415-476-7843

San Jose/Santa Clara County
Momentum for Mental Health
1430 Tully Road, Suite 409
San Jose, CA 95122  
E-mail: info@reach4scc.org  
Michelle R. Schweon, OTRL/L, Manager  
Michelle Schweon’s Direct Phone: (408) 207-0070 ext. 5301  
Part of the REACH (Raising Awareness and Creating Early Hope) Program  

Starlight Community Services  
1885 Lundy Ave, Suite 223  
San Jose, 95131  
Karima Irany, LMFT, Manager  
Karina Irany’s Direct Phone: (408) 284-9000 ext. 698  
E-mail: karinay@starsinc.com and info@reach4scc.org  
Part of the REACH (Raising Awareness and Creating Early Hope) Program  

Santa Barbara  
Prevention/Early Intervention Services for Transition-Age Youth  
County of Santa Barbara Alcohol, Drug, and Mental Health Services  
300 N. San Antonio Rd., Bldg. 3  
Santa Barbara, CA 93110  
(805) 681-5220  
Suzanne Grimmesey, MFT, Adult and Children’s Division Chief  
Suzanne Grimmesey’s Desk Phone: (805) 681-5289  

Ventura  
Ventura Early Prevention Services (VIPS)  
Ventura County Behavioral Health  
Telecare Corporation  
5810 Ralston St., 2nd Floor  
Ventura, CA 93003
COLORADO

Boulder

Adolescent Treatment and Preventive Development (ADAPT)
University of Colorado Boulder
(303) 492-4616
E-mail: adapt@colorado.edu

Vijay Mittal, Director
Vijay Mittal’s Office Phone: (303) 492-3303
Vijay Mittal’s Fax: (303) 492-2967

CONNECTICUT

New Haven and Hartford

PRIME (Prevention through Risk Identification, Management & Education) Research Clinic
Yale University Medical School
333 Cedar Street
New Haven, CT 06510
(203) 432-4771 or (866) 287-7463

Scott W. Woods, MD, Director

Specialized Treatment in Early Psychosis (STEP)
Connecticut Mental Health Center
Yale School of Medicine
New Haven, CT 06519
203-974-7345
Jessica Pollard, PhD, Clinical Director

GEORGIA

Decatur
Prevention and Early Intervention Program
Child & Adolescent Mental Health
DeKalb Community Service Board
445 Winn Way, Decatur, GA 30030
404-294-3834
info@dekcsb.org

INDIANA

Indianapolis
Prevention and Recovery Center for Early Psychosis (PARC)
Eskenazi Health
720 Eskenazi Avenue
Indianapolis, IN, 46202
(317) 880-8494
Fax: (317) 880-0455
E-mail: parc@iupui.edu
Alan Breier, MD, Chief of Psychotic Disorders Program
Alan Breier’s Office Phone: (317) 941-4287

MAINE
Bangor

Aware Center for Early Intervention
61 Maine St., Suite 60
Bangor, MN 04401
(207) 208-8301
E-mail: contactus@theawarecenter.com
Jessica Pollard, PhD, Director

MARYLAND

College Park

RAISE Connection Program
University of Maryland Midtown Carruthers Clinic
300 Armory Place
(410) 462-5799hh

Baltimore

Early Psychosis Intervention Clinic (EPIC)
Johns Hopkins Bayview Medical Center
Community Psychiatry Program
4940 Eastern Avenue
Baltimore, MD 21224
(410) 550-0137
Krista Baker, LPC, Clinical Supervisor

RAISE Connection Program
University of Maryland Midtown Carruthers Clinic
UMMC Midtown Campus
300 Armory Place
Baltimore, MD
Catonsville
First Episode Clinic (FEC)
Neuroimaging Research Program
Maryland Psychiatric Research Center
55 Wade Ave
Catonsville, MD 21228
Beth Steger, LCSW-C

MASSACHUSETTS

Framingham
The Collaborative Pathway
Advocates, Inc.
(508) 628-6652
Chris Gordon, M.D., Vice President & Medical Director

Boston
First-episode and Early Psychosis Program (FEPP)
Department of Psychiatry
Massachusetts General Hospital
Department of Psychiatry Wang Building Suite 815
55 Fruit Street
Boston, MA 02114
(617) 724-7792
Dr. Corinne Cather, Director

Center for Early Detection, Assessment, & Response to Risk (CEDAR)
CEDAR Program
75 Fenwood Rd., 5th floor
Boston, MA 02115
(617) 754-1210
Michelle Friedman-Yakoobian, Ph.D., Clinical Team Leader

Prevention and Recovery in Early Psychosis (PREP)
Beth Israel Deaconess Medical Center
Harvard Medical School Teaching Hospital
330 Brookline Avenue
Boston, MA 02215
(617) 667-4735
Thomas Monteleone, LICSW, PREP Team Leader

MICHIGAN

Detroit
Services for the Treatment in Early Psychoses (STEP)
Wayne State University
(888) 362-7792
Detroit, Michigan 48202
Dr. Raymond Cho, MD, MCs, Adult Care Director

East Lansing
Early Treatment and Cognitive Health (ETCH)
4572 S. Hagadorn Rd., Ste. 1E
East Lansing, MI 48823
Phone: (517) 481-4800
Fax: (517) 481-4801
Cathy Adams, Clinical Director

Grand Rapids
Carey Laarman, LMSW
Navigate Team Supervisor
Interact of Michigan
1131 Ionia St. NW
Grand Rapids, MI 49503
Phone: (616) 259-7921
Fax: (616) 259-7909

Southfield
Heidi Ret, LMSW
Navigate Project Director
Easter Seals Michigan
22170 West 9 Mile
Southfield, MI 48033
Office Phone: (248) 372-6882

MINNESOTA

Minneapolis
First Episode Psychosis Program (FEPP)
Fairview
University of Minnesota Medical Center
(612) 273-300

MISSOURI
St. Louis

First Contact Assessment Service
The Conte Center
Washington University in St. Louis School of Medicine
24 South Kingshighway
St. Louis, MO 63108
(314) 747-2160
Fax: (314) 747-2182
Lori Ingram, Administrative Coordinator

NEW YORK

Brooklyn

Parachute NYC
Needs Adapted Mobile Treatment Team
100 North Portland Ave. Suite 516
Brooklyn, NY11205
(718) 260-7725
Martin Bolton

Elizabeth Hyde, LMSW
Acting Project Manager – Parachute NYC
NYC Department of Health & Mental Hygiene
42-09 28th Street
Long Island, NY 11101
Phone: 347-396-7246
Fax: 347-396-7339

Long Island
Recognition and Prevention Program (RAP)
Psychiatry Research
The Zucker Hillside Hospital
75-59 263rd St.
Glen Oaks, NY 11004
(718) 470-8115
E-mail: contact@rapprogram.org
Barbara Cornblatt, PhD, MBA, Director

Manhattan
The Center of Prevention & Evaluation (COPE)
Columbia University Department of Psychiatry/New York State Psychiatric Institute
New York State Psychiatric Institute
1051 Riverside Drive
4th Floor, Room 4820
New York, NY 10032
(212) 543-5874
Ragy Girgis, Site Director

New York City
The Lieber Schizophrenia Research Clinic (LSRC)
New York State Psychiatric Institute
1051 Riverside Drive, Unit 2
New York, NY 10032
(212) 543-5418
Joshua Kantrowitz, Director

OnTrackNYC Washington Heights
Washington Heights Community Services
Center for Practice Innovations
Division of Mental Health Services and Policy Research
Columbia Psychiatry
New York State Psychiatric Institute
Box 100
1051 Riverside Drive
New York, NY 10032
646-774-8422
cpihelp@nyspi.columbia.edu
Lisa Dixon, MD, MPH, Director
Sapna Mendon, LMSW, Director of Program Evaluation
Sapna Mendon’s Office Phone: 212-740-7671
Sapna Mendon’s Fax: 212-543-5041

Yonkers
OnTrackNY Westchester
The Mental Health Association of Westchester
20 South Broadway, Suite 1111
Yonkers, New York 10701
914-666-4646 x7727
ontrackny@mhawestchester.org
Tia Dole, Program Director

NORTH CAROLINA

Carrboro
Outreach and Intervention Support Services (OASIS)
UNC Center for Excellence in Community Mental Health
Department of Psychiatry
UNC School of Medicine
200 N. Greensboro St. Suite C-6
Carrboro, NC 27510
Diana Perkins, MD, Medical Director

OREGON

EASA

*EASA* consists of a statewide network of programs within Oregon that focus on early psychosis intervention. The following listings are for specific EASA sites.

Clackamas County

**LifeWorks NW**

17070 SE McLoughlin Blvd.
Milwaukie, OR 97267
503-496-3201 Ext. 1244
Fax: (503) 594-1773

Clatsop County

**Clatsop Behavioral Healthcare**

2120 Exchange St., Suite 203
Astoria, OR 97103
Fax: (503) 325-8483

Columbia County

**Columbia Community Mental Health**

58646 McNulty Way
St. Helens, OR 97051
Deschutes County
Deschutes Co. Child & Family Program
1340 NW Wall St.
Bend, OR 97701
(541) 322-7583
Fax: (541) 330-4636

Hood River, Wasco & Sherman Counties
Mid-Columbia Center for Living
Hood River office:
1610 Wood Ct.
Hood River, OR 97031
(541) 386-2620
Fax: (541) 386-6075
Leticia Sainz, Mental Health Consultant

Jackson County
Jackson County Mental Health
140 S. Holly Street
Medford, OR 97501
(541) 770-7721

Josephine County
Options Creekside Center
1181 Ramsey
Grants Pass, OR 97527

(503) 397-5211 or 1 (800) 294-5211
Fax: (503) 397-5373
Klamath County
Klamath Basin Behavioral Health
2210 N Eldorado Avenue
Klamath Falls, OR 97601
(541) 883-1030

Lane County
PeaceHealth Oregon/Lane County Behavioral Health Services
2411 MLK Blvd, Eugene, OR 97401
(541) 682-7561

Linn County
Linn Co. Mental Health
(541) 967-3866
Fax: 541-812-8784
Rachelle Spindler, LPC, CADC I, Clinician

Marion County
Marion Co. Children's Behavioral Health
3878 Beverly Ave. NE, Suite H
Salem, OR 97305
(503) 576-4600
Fax: (503) 584-4837
Robin Sischo, LCSW, Clinical Supervisor

Multnomah County
EASA Center for Excellence
Portland State University Regional Research Institute  
1600 SW 4th Avenue, Suite 900, Portland OR 97201  
Ryan Melton, PhD, Senior Research Associate/EASA Clinical Training Director  
Ryan Melton’s Office Phone: (503) 725-9608  
Tamara Sale, EASA Center of Excellence Director  
Tamara Sale’s Office Phone: (503) 725-9620  
Elinor Taylor, Clinical Research Assistant  

Multnomah Co. Mental Health & Addiction Services  
Lincoln Building:  
421 SW Oak St., Suite 520  
Portland, OR 97204  
(503) 988-5464, Ext. 24303  
Fax: (503) 988-5870  

Rockwood Community Health Clinic  
2020 SE 182nd Ave. #L104  
Portland, OR 97233  
(503) 988-5464, Ext. 23671  
Fax: (503) 988-4680  

Polk County  
Polk County Mental Health  
182 SW Academy St.  
Dallas, OR 97338  
(503) 623-1886  
Fax: (503) 623-7560  

Tillamook County
Tillamook Family Counseling Center
906 Main Ave. Tillamook, OR 97141
(503) 842-8201 or (800) 962-2851
Fax: (503) 815-1870

Union County
Center for Human Development, Inc.
2301 Cove Ave.
LaGrande, OR 97850
(541) 962-8800 (mention EASA)
Fax: (541) 963-5272

Washington County
LifeWorks NW
14255 SW Brigadoon Ct.
Beaverton, OR 97005
(503) 641-1475
Fax: (503) 641-8548

Yamhill County
Yamhill Co. Adult Mental Health
627 NE Evans St. McMinnville, OR 97128
(503) 434-7523
Fax: (503) 434-9846

OHIO

Rootstown
The Best Practices in Schizophrenia Treatment (BeST) Center
FIRST

FIRST consists of a statewide network of programs within Ohio that focus on early psychosis intervention. The following listings are for specific FIRST sites.

FIRST Summit County

Team Leader: Hattie Tracy, MSW, LISW-W, LCDC III, (234) 788-1646
Partners: Child Guidance & Family Solutions, Community Support Services, Inc., County of Summit Alcohol, Drug Addiction and Mental Health Services Board and the BeST Center

FIRST Portage County

Team Leader: Karen Fleming, Ph.D., (330)-676-6859
Partners: Coleman Professional Services, Mental Health & Recovery Board of Portage County and the BeST Center

FIRST Mahoning County

Team Leader: Daniel O’Neill, M.S.Ed., PC, (234) 201-2512
Partners: Turning Point Counseling Services, COMPASS Family & Community Services and the BeST Center

FIRST Cuyahoga County

Team Leader: Jessica Balmert, MSW, LISW, (216) 339-1438
Partners: Catholic Charities Diocese of Cleveland, the Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County and the BeST Center

FIRST Trumbull County

Team Leader: Linda Ariza, PCC-S, (330) 518-3597
Partners: Valley Counseling Services, Compass Family & Community Services, Trumbull County Mental Health and Recovery Board and the BeST Center

PENNSYLVANIA

Philadelphia

Penn Psychosis Evaluation and Recovery Center (PENN PERC)

Penn Medicine
Dept. of Psychiatry
3535 Market St., 4th Floor
Philadelphia, PA 19104
(215) 746-5900
Fax: (215) 746-7979

Raquel E. Gur, MD, PhD
Raquel E. Gur’s Office Phone: (215) 662-2915
Raquel E. Gur’s Fax: (215) 662-7903

TEXAS

Dallas

First Episode Psychosis Program (FEPP)

UT Southwestern Medical Center
Dept. of Psychiatry
6363 Forest Park Rd., Suite 651
Dallas, TX 75390-8828
214-648-4603
E-mail: first.episode.psychosis@utsouthwestern.edu

Dr. Carol Tamminga, MD, Chairman
TECHNICAL ASSISTANCE

The EASA Center for Excellence at the Regional Research Institute

The EASA Center for Excellence is nationally known for the training and technical assistance it provides to programs focused on early intervention in psychosis. At local and national levels, EASA takes a lead role in training stakeholders in mental health systems, articulating and monitoring standards of care, and supporting program development.

Felton Research and Training at the Felton Institute

Felton Research and Training, a division of the Felton Institute, offers professional development and behavioral health training for providers in a variety of Evidence-Based Practices (EBPs). Felton provides training in Motivational Care Management (MCM), Motivational Interviewing (MI), and Cognitive Behavioral Therapy for Psychosis (CBTp), as well as other best practices for the social service environment. Felton has developed research infrastructure through our Cloud-Based Integrated Reporting and Charting Environment (CIRCE). Guided by a commitment to positive outcomes, social justice, respect for diverse cultures, and client driven service, the Felton Institute provides innovative, patient centered solutions to agencies in California and across the nation.

Pier Training Institute

The Pier Training Institute is helping mental health providers and organizations across the nation bring the power of The PIER Model to their community. The PIER Model, designed for adolescents and young adults between the ages of 12 and 25, redefines mental health treatment through a unique focus on identifying severe mental illness in its early stages — a time when it is shown to be highly treatable.

Recovery After an Initial Schizophrenia Episode (RAISE) at the National Institute of Mental Health

This website summarizes the key findings of the RAISE study, including core components of care, staffing needs, training and supervision requirements, examples of manuals, and vignettes (amongst many other resources).
RAISE ETP

The RAISE Early Treatment Program (ETP) is a research study that will compare two different ways of providing treatment for people experiencing the early stages of schizophrenia and related illnesses. It encompasses 34 community mental health centers and hospital outpatient mental health facilities in 21 states and is directed by Dr. John Kane from the Feinstein Institute for Medical Research in Manhasset, NY. RAISE ETP offers a consulting arm for technical assistance.

The RAISE Connection Program

The RAISE Connection Program is a program for adolescents and young adults experiencing a first episode of psychosis. The Program’s goal is to deliver a multidisciplinary team-based treatment designed to reduce or prevent disability and to foster recovery among young people in the early stages of psychosis. It is part of the RAISE study and has programs in Maryland and New York. For more information, contact Dr. Lisa Dixon at dixonli@nspi.columbia.edu.

OnTrackUSA

OnTrackUSA is based out of the Center for Practice Innovations at Columbia Psychiatry. They provide manuals, web-based resources, consultations, and trainings to programs and state agencies that would like to implement Coordinated Care Specialty teams (CSCs) for people experiencing early psychosis. They assist CSC teams in utilizing innovative evidence-based approaches. For more information, contact Dr. Lisa Dixon at dixonli@nspi.columbia.edu.

ADDITIONAL RESOURCES

The Open Dialog Foundation

The Open Dialog Foundation was established by people who consider European values – personal freedom, human rights, democracy and self-government – more than just a declaration, but a daily reality of the 21st century people. Their goal is to create a uniform information space, where people from the Atlantic to the Pacific who share European values will be able to exchange their knowledge and experience, implement their public initiatives aimed at
continuous natural transformation of post-totalitarian societies towards democracy and civil freedoms.’

Open Dialog offers to be a resource for training to organizations interested in early intervention. For more information, please contact Mary Olson at maryo@dialogicpractice.net.

State of Oregon: Addictions and Mental Health (AMH) Division

AMH provides in-depth coverage on mental healthcare in Oregon, including a list of adult mental health services. It also includes more information about EASA and a regularly updated directory of its program sites. For more information, please call (503) 947-5527 or contact Jean Lasater at jean.c.lasater@state.or.us.