Message from SARDAA, CEO

Dear Friends,

My sincerest hope is that you are able to find some peace during each day and celebrate at least one thing that brings you hope, joy or gratitude.

These are indeed challenging times, but there have been brutally challenging times throughout the history of the world and here we are still. There are many books, poems and art that depict the challenges and the growth that has come from the suffering. We are here to help one another through the challenges, pain and bring a smile to each other.

Working at SARDAA has brought profound gratitude for the blessing of being touched by so many courageous, loving, frustrated, altruistic and kind people as they traverse some of their greatest challenges and pain. Many stories bring tears to my cheeks and to hear of their gratitude for the support they have received by the SARDAA staff and the SA and FFC support groups bringing tears of joy to my eyes.

We continue to work tirelessly (no actually we’re all pretty exhausted) to bring to pass the projects; “The Cost of NOT Caring”, the reclassification of schizophrenia spectrum syndromes to neurological brain diseases, the new SARDAA State Chapters, the multiplication of SA and FFC support groups, the production of “Sandy Says”, and many more great works to improve and save lives.

Next week be alert for news that will take us even further on the journey of our mission.

Sincerely,
Linda Stalters, MSN, APRN (ret)
Chief Executive Officer
Schizophrenia and Related Disorders Alliance of America
Message from SARDAA, BOD Chair

SARDAA offers one-time grants of up to $500 for caregivers of people diagnosed with neuropsychiatric brain illnesses. Caregivers must fill out the application [HERE](#), and be in dire financial need, for consideration. Grants are paid directly to landlords or mortgage holders.

For more information, please contact:

Joan Todd  
Program Director  
joan.todd@sardaa.org  
Phone: 240-423-9432

Thank you,  
Susan Sheena  
Chair, SARDAA Board of Directors

---

Message from FFC, Families for Care, Coordinator

It occurs to me, is my hope, that one of the 'positives' that emerges from the current social unrest and protests will be a more humane response by authorities to mental health crises. I hope that address of such crises will be by professionals in the mental health field, rather than by law enforcement officers. It is a great concern of many 'carers', when a mental health situation is beyond their handling, that calls to appropriate people will be available. CIT training of police officers is a step in the right direction, but handling by knowledgeable professionals will be an improvement, and the sooner this change is made the better for all concerned. Related to the COVID crisis in this slowed down world it is a hope that people have a chance to reassess values, reconnecting with people of importance in their world, as we get through this crisis day by day.

With Heart,  
Mary Ross

---

Message from SA Staff Supporter
Recently on Facebook I saw an article about the term “recovery” from brain disorders from Huffington Post with the headline “5 Reasons I Wish We Would Stop Talking About 'Recovery' for Serious Mental Illness And the Word I Wish We Would Use Instead” by Liza Long. It is an interesting article about how we should focus on hope as the alternative. I know for myself, I found many definitions of recovery, which can make it confusing. In fact, on one of our closed Facebook pages – SARDAA SA Support (Diagnosed) – I asked members what recovery meant to them, and there were very different answers.

In 2013, when I found SARDAA and the SA groups for people with schizophrenia or related disorders, the term “recovery” as defined in the Blue Book gave me hope and helped me set goals even while on disability. On page 23 of the newest edition, it says “What is recovery from a schizophrenia-related illness? Perhaps the most obvious sign of recovering is the reduction and control of symptoms to the point of permitting one to have the ability to find and keep steady and structured activity.” There is nothing about working full-time or living independently. The definition is just about establishing a routine. As a person on disability, I wasn’t sure what my life would look like. I have always been a goal-oriented person, and this gave me a way to set goals by doing things regularly.

As I said, there are different definitions of recovery. I learned a new definition in my peer support certification training in 2017, about making the most out of your life. I guess my advice is to find the definition that best suits you and helps you live a high quality life that you can sustain.

"Sandy Says" Highlights July Minority Mental Health Month
By Sandy Dimiterchik

"Sandy Says" is a monthly YouTube video or videos that highlight a topic important in the lives of people with schizophrenia or related disorders, including bipolar disorder, schizoaffective disorder, depression with psychosis, or experience with psychosis. The topics also have to do with providing care and the role of family, friends, advocates, and others.

Thanks to the interviewees of the 3 part series on “Barriers to Care for Minorities” that aired in July for Minority Mental Health Month.

Barriers to Care for Minorities ~

Part 1: Provider Perspective with Dr. William Lawson, Dr. Raymond Cho and Dr. Marie Smith-East

by Sandy Dimiterchik
SARDAA Board Member
I learned a lot and appreciate everybody sharing their stories and perspectives. The statistics I found through researching governmental agencies and other nonprofit organizations were harrowing – the biggest concern I had was with the fact that for almost all minority groups ages 15-24, suicide was the second leading cause of death. Obviously, we need to provide access to care.

Future interviews will include topics like housing and anosognosia. If you have an idea for a topic, email me at sandy.dimiterchik@sardaa.org. We also plan to start accepting questions for the interviewees.
Coronavirus Guidelines for SA Groups

By Sandy Dimiterchik

After weeks of mandatory stay-at-home orders due to the coronavirus pandemic, some communities are beginning to reopen. The reopening is at different stages throughout the U.S., depending on where you live.

SA groups should continue to conduct virtual meetings until notified otherwise by SARDAA. As we plan to start SA face-to-face groups again, here are some things to consider:

- SA group leaders should contact the facilities where meetings are held to find out if any changes need to be made so that the groups can meet.
- Check out how the facility is disinfecting areas.
- Find out if the group size needs to be smaller.
- Keep in mind the requirements for masks and social distancing will be required.
- Continue frequent hand washing.

I would be happy to set up a Zoom meeting to discuss any changes that need to be made. Also, you should be in contact with your SA group members so that when it is time to start the meetings again, everybody is ready.

Please feel free to contact me at 832-439-1586 or sandy.dimiterchik@sardaa.org.

Click here for CDC and here for Red Cross for additional information about Coronavirus guidelines.

Job Networking Groups for People with Schizophrenia or Related Disorders

By Sandy Dimiterchik

Do you have schizophrenia or related disorders and work, volunteer, or go to school? Well, we just created some job networking groups for people who fit that criteria. Our first monthly meeting, Career Chat on Zoom, was on writing job target headlines on your resume. The monthly groups meet the second Saturday of each month at 4 PM ET. August’s meeting will be held August 8th at 4 pm Eastern Time. Contact me at sandy.dimiterchik@sardaa.org to get the link to the Zoom Video. We will be discussing legislation that protects people with disabilities, such as Americans With Disabilities Act (ADA), Genetic Discrimination in Employment (GINA), and Family and Medical Leave Act (FMLA). We already have questions for the meeting:

- How to handle gaps in employment history?
- What do I need to take a leave of absence?
- Should I disclose my disability?

I am not an expert, though I am certified as a career coach. I have some great websites to refer attendees to, as everybody’s situation is different.

Do you have any questions or topics you would like discussed at this monthly meeting? Email me at sandy.dimiterchik@sardaa.org.

Our other job networking group is the closed Facebook page - SARDAA Career Chat for People with Schizophrenia or Related Disorders. Again, you need to be diagnosed and working in a paid or unpaid position and/or going to school. Join the page, answer the questions, and then become a member!
State Chapter News

New Florida Chapter of SARDAA Now Offering Weekly Virtual Meetings

Congratulations to Donna Kokulak, who has recently established the Florida Chapter of SARDAA. Free virtual weekly meetings for family members and caregivers of people living with serious brain illnesses – including schizophrenia, schizoaffective disorder, and bipolar disorder – are now available on Wednesdays at 7 p.m. EST via Zoom. If you live in Florida and want more details about the online meetings and an invitation to join, contact Donna at Floridasardaa@gmail.com.

Interested in starting a SARDAA chapter in your state? Email Joan Todd at joan.todd@sardaa.org for more information.

Join Our New Support Community

SARDAA is partnering with Inspire — an online health community — to present Inspire’s first group dedicated to schizophrenia and related brain illnesses. In the midst of these challenging, isolating times, SARDAA’s partnership with Inspire provides a free, safe, and encouraging way for you to connect with others and get support.

Inspire offers a safe space for all to experience an anonymous online forum to share support, stories, and assistance. Unlike some forums, Inspire is monitored 24/7 to keep it safe for participants. This community allows you to connect on a personal level with others who have been affected by schizophrenia and related brain illnesses. Even though you must create an account to participate, your posts will not appear with your name, so your privacy is maintained.

How to Join the Inspire Support Community

This community can be accessed online at any time on a desktop or laptop through the Inspire.com website, or by downloading the Inspire app on your smartphone or tablet. To become a member of the group, go to https://www.inspire.com/groups/sardaa/ to sign up and register for an account. Following registration for your account, you will receive an email from Inspire to activate it. From there you will have unlimited access to a community that is able to walk alongside you.

We hope that our presence on Inspire will grow our community, help connect with others, and encourage greater awareness of SARDAA’s work and mission. For questions or concerns, contact info@inspire.com for help.

Click here to join our new schizophrenia spectrum support community.
Join the SARDAA Champions Circle and Be a Champion for Change

SARDAA invites you to join our Champions Circle. By becoming a SARDAA Champion, you will join the ranks of other loyal supporters to help promote hope and recovery for people affected by schizophrenia and related brain illnesses.

How You Can Be a Champion for Change

Your $25 annual Champions Circle donation is an investment towards helping SARDAA advance innovative and transformational treatments for serious neuropsychiatric brain illnesses. It will also help with SARDAA’s work towards reclassifying schizophrenia spectrum as a neurological brain illness, which will allow individuals diagnosed with this disease to:

- Access timely and appropriate treatment
- Have the same HIPAA communications and compliance experienced by people affected by other neurological illnesses such as Alzheimer’s
- Avoid criminalization and stigma.

As a SARDAA Champion, you will receive the following benefits:

- An official SARDAA Champion card
- Recognition as a Champion on SARDAA’s Sponsor website page (with your permission)
- A 15% discount on all SARDAA events
- A 15% discount on SARDAA store purchases.

Click here to join the SARDAA Champions Circle today!

Brains on the Beach Virtual Event Replay Now Available for Viewing!

Not able to join us virtually on March 21st for Brains on the Beach? You are invited to learn about solutions to neurological brain disorders that affect over 25 million Americans and over 1 billion people worldwide via virtual replay.

Register here for the Replay

11 million Americans suffer from schizophrenia or bipolar brain illness with psychosis. These are the most devastating diseases and yet 50% are not treated but left homeless, incarcerated or worse. Still a taboo subject for many – let’s break the silence and talk about what can be done.

REGISTER HERE

Judge Steven Leifman - Keynote
Robert Laitman, MD – Keynote
Research & Treatment Panel: Deborah Levy, PhD; Mark Namchuk, PhD; Carlos A. Larrauri, APRN, NP
Policy Panel: Tim Murphy, PhD; Mary Palafox, RN; Linda Mimms, MA
Criminal Justice Panel: William Lawson, MD, PhD; Janet Hays; David Geiger, MEE
Families For Care Grant Program

SARDAA is accepting applications for $500 maximum grants for caregivers of individuals living with a neuropsychiatric brain illness. Our grant program aims to support caregivers during an exceptionally challenging time through small grants of up to $500 according to their need.

Laura’s story: Less than 3 years after my son was stricken with schizophrenia, my life’s savings were gone and we were broke. The majority of the money went to self-paid intake and therapy appointments at first, then transportation for him to therapist, labs, doctor appointments, hospital deposits and medical payments. It went to hire “sitters” who checked in on him, or stayed with him, so I could work. It went to medications--upwards of $1,300 for a single monthly injection over 6 months. It went to court and legal fees, parking, cabs, hotels, flights, a supervised housing group home at $5,500-6K per month for nearly a year.

Please donate now to support programs like the Families for Care grant program and all of SARDAA’s life-saving work so that you can help a family like Laura’s.
Donate HERE: https://sardaa.org/donate2/

Donate Here>>

Social Media Team
Are you or someone you know a Social Media expert? Join the SARDAA Social Media Team!
View Requirements HERE

Call Center Team
We are seeking volunteers experienced in working with individuals and their loved ones affected by psychosis brain illnesses to answer phone inquiries.

Communications Team
We are seeking volunteers to assist the Communications Team making calls to build database for resources.

Please contact: Angel 240-423-9432 or angel.white@sardaa.org
We welcome all forms of art to be considered for inclusion in our newsletters and
instagram. To submit your art please email angel.white@sardaa.org or mail to 2308
Mount Vernon Ave., Suite 207, Alexandria, VA 22301-1328.

SARDAA Staff Member Syrena Clark’s Book Is Now Available for Preorder

*Asking for Empathy: Stories from Psychosis and Recovery*

Congratulations to SARDAA staff member Syrena Clark, who has authored a book about her
experiences with schizophrenia and bipolar disorder – *Asking for Empathy: Stories from Psychosis
and Recovery*. We are so proud of Syrena and inspired by her courage to share her personal journey
to help others affected by psychosis.

According to Syrena, *Asking for Empathy* speaks to individuals who live with mental illness (or
those who may love someone who does), as well as people who want to learn more, who want to
grapple with pain and healing in a new way.

“I wrote this book because I have schizoaffective disorder and I wanted a space to tell my story, a
place to lay all of my experience bare” Syrena explains. “I also wrote this book to help others feel
less alone and to educate people about psychosis and what it really means.”

[Click here](#) to learn more about Syrena’s book and to pre order your copy today.

Personal Story of SA member

*Oleg*

Here, in Russia schizophrenia and related disorders are considered as physical diseases generally
when we talk of official medicine. And they order antipsychotic drugs in the first turn. I don't know
what official statistics says about homeless or incarcerated people with our illness here, but I may
share my experience. Of course, it's a problem to find a job with disability generally and especially
with psychiatric diseases, so I have been usually hiding it when being employed. Otherwise it was
impossible despite one special project for rehabilitation of disabled people, but it was temporary.
Yet when my managers got knowing me better and if my disease didn't reveal it's dangerous sides,
they surprised when found about it from me (sometimes it was necessary) and didn't change their
good relation. It's important to notice, some kind of misgivings of employers' concerning my
diagnosis was reasonable due to bad outcomings during hard working and setbacks (I had bouts
crushing things and beating myself). So, I can understand such relation.

Concerning help, I've been getting from doctors, I'm quite satisfied. If a person dangerous for
himself or others commits a crime and is diagnosed as mentally ill, they put him in a special
hospital. One of my friends once got in such situation, her husband says (as it's impossible for me to
communicate with her) she wrote him there are not very bad conditions there. Of course, here in
Moscow we've got better terms of drugs supply than others in Russia. There are also some
problems here in Moscow too (any bad relation to patients in hospitals) but it depends.

The only thing I may say, SA group profits very much as it's giving support even better than special
psychological therapy and some sense into lives of the members. Thank you.
New Spanish SA Zoom Group
Alex T., Spanish SA Zoom Group Leader

SARDAA es una entidad sin fines de lucro cual creó un grupo específicamente para gente la cual el español es su lenguaje principal. Es un grupo de gente con diagnosis de esquizofrenia o enfermedades similares. Es un grupo con un mediador con experiencia y diagnostico pero de ninguna forma asesoría medica, si no apoyo de gente diagnosticada para gente diagnosticada. El participar en cada reunión es opcional y, ¡mucha gente podría aprender de su experiencia! No estamos solos.

SARDAA is a non-profit entity that has created a group specifically made for people with Spanish as their native language. Its a group for people diagnosed with schizophrenia or similar disorders. It is a group with a mediator which has experience, however not for medical purposes, but to share support with others which are also diagnosed. Participation is optional in each meeting. Many people could learn from your experience. You are not alone.

Support Groups

SA Conference Call Groups
*Only for diagnosed individuals*
- Sun - 7 PM ET
- Mon - 4 PM ET
- Tues - 1 PM ET
- Wed - 1 PM ET
- Thurs - 1 PM ET
- Thurs - 7 PM ET
- Fri - 2 PM ET
- Fri - 7 PM ET
- Sat - 1 PM ET

SA: Psychosis Support & Acceptance
*Only for diagnosed individuals*

Zoom Video Calls
- First Mon of the month 7 PM ET
- Thurs 9 PM ET
- Sat 12 PM ET
- Sun 4 PM ET

**Spanish:** Tues 7:30 PM ET

Spirit of SA Conference Call
*For SA Leaders and Potential Leaders*
- First Wed of Each Month - 7 PM ET

Families For Care Conference Call
*Not for individuals diagnosed*
Register to join Support Group Conference calls and SA Zoom Meeting: HERE or call 240-423-9432

Families For Care Zoom Meeting
Not for individuals diagnosed
Wed 6 PM ET - Register with Donna Floridasardaa@gmail.com
Sun 2 PM ET - Register with laura.pogliano@sardaa.org
Spanish: First and Third Fridays 9 PM ET - Register Here

Inspire Support Community
For caregivers and individuals diagnosed
JOIN HERE

Facebook Support Groups

SARDA SA Support
Only for individuals diagnosed
JOIN The Facebook Group Here

SARDA Families for Care
Only for Caregivers
JOIN The Facebook Group Here

SARDA Support
For caregivers and individuals diagnosed
JOIN The Facebook Group Here

LOBBY CCAC - Circle of Comfort and Assistance Community
Diagnosed, Caregivers, Professionals
JOIN The Facebook Group Here

Career Chat for People with Schizophrenia or Related Disorders
Only for individuals diagnosed
JOIN the Facebook Group Here

SARDA has chosen eBay for Charity so you can directly support SARDA when you sell and buy items on eBay
Auction Items to Benefit SARDAA

EBAY FOR CHARITY

1. IN THE LISTING FLOW, SELECT THE OPTION TO “DONATE A PORTION TO CHARITY”

2. SELECT SARDAA

3. SELECT THE PERCENTAGE YOU WOULD LIKE TO DONATE
   You can verify the charity and donation percentage on your item by checking the information included in the item description.

4. SARDAA will be notified of your listing according to its account preferences and has the right to request an item cancellation if it prefers not to benefit from your listing.

5. SELL AND SHIP

   PAYPAL
   After the item sells and the buyer pays, ship the item. The donation is not collected immediately to ensure the transaction is complete. In approximately 21 days, PayPal Giving Fund automatically collects the donation from the seller and sends a confirmation email.

   PAYPAL GIVING FUND
   At the end of each month, PayPal Giving Fund combines the donations from individual sellers and sends 100% to the selected charity.

For more information visit: eBay for Charity

Kolker is a journalist and nonfiction author whose first book Lost Girls was a New York Times best-seller and was recently adapted for a Netflix film. His new book is Hidden Valley Road, an Oprah's Book Club selection and an instant #1 New York Times best-seller about one family's struggle with mental illness.

Randye Kaye is author of Ben Behind His Voices, and creator of The Power of Kinship programs. She is also a noted voice talent, speaker and actor.

Miriam Feldman is an artist, writer, and the mother of an adult son with schizophrenia. Her book, "He Came in With It" chronicles her family's story and will be out on July 21st.

Laura Pogliano has been featured frequently in USA Today as mother & advocate for her late son Zaccaria. She is now the Maryland State Chapter Lead for SARDAA and focuses on family support and the reclassification of schizophrenia to Neurology. She is also on the Board of SARDAA.

Revisiting the Potential of EEG Neurofeedback for Patients With Schizophrenia

Fiza Singh; I-Wei Shu; Eric Granholm; Jaime A. Pineda

Schizophrenia (SCZ) is a neurodevelopmental disorder that can present as early as late adolescence
with symptoms such as hallucinations, delusions, social withdrawal, anhedonia, and deficits in attention and memory. Treatment generally consists of pharmacotherapy with dopamine antagonists, which are highly effective in reducing positive symptoms, especially during acute episodes of psychosis. However, negative symptoms (e.g., social withdrawal, anhedonia) and cognitive deficits tend to persist and are associated with profound functional decline. Given these realities, novel approaches are required to develop new treatments for patients with schizophrenia, especially those targeting unmet therapeutic needs. Recent developments suggest that within the emerging field of neuromodulation exists a potentially promising old, yet new, approach.

Tobacco Harm Reduction Research Project Now Recruiting Participants in the San Francisco Bay Area
Although tobacco use has decreased in the U.S. over the last few decades, individuals dealing with substance use and mental health disorders continue to smoke more than the general population. In fact, research indicates that this group of individuals are more likely to die from tobacco use compared to any of their other challenges.

The Tobacco Harm Reduction Research Project is a paid, 6-month study designed to evaluate techniques for helping adults with substance use and mental health disorders cut back on smoking or quit altogether. The study is currently recruiting participants in the San Francisco Bay area.

To find out more about the project and who is eligible to participate, visit the Tobacco Harm Reduction Research Project website [HERE](#).

Crisis Line
The Federal Communications Commission (FCC) unanimously approved 988 as a nationwide, three-digit phone number that people in crisis can call to speak with suicide prevention and mental health crisis counselors. All phone service providers are required to direct all 988 calls to the existing National Suicide Prevention Lifeline (1-800-273-TALK) by July 16, 2022. This includes all telecommunications carriers and interconnected and one-way Voice over Internet Protocol (VoIP) service providers. The National Suicide Prevention Lifeline will remain operational during and after the two-year transition to 988.

During the transition to 988, Americans who need help should continue to contact the National Suicide Prevention Lifeline by calling 1-800-273-8255 (1-800-273-TALK) and through online chats. Veterans and service members may reach the Veterans Crisis Line by pressing 1 after dialing, chatting online at [http://www.veteranscrisisline.net](http://www.veteranscrisisline.net), or texting 838255.

Aerobic Exercise May Up Brain-Training Benefits in Schizophrenia
July 30, 2020
Liam Davenport
Recent research has shown that social cognition training can benefit patients with schizophrenia, and a new study suggests that adding regular aerobic exercise sessions substantially increases the improvements in a dose response manner.

Auditor Slams Stater Mental-Health System, Revives Laura’s Law
Capitol Weekly
August 6, 2020
Sigrid Bathen
A massive and highly critical state auditor’s report has given new life to legislation to deal with California’s notoriously troubled mental-health system. The shift comes as state lawmakers, convening amid the COVID-19 pandemic, face hundreds of bills in the closing days of the legislative session.

Device Improves Physical Exam Completion Rates in Serious Mental Illness
SIRS 2020
July 17, 2020
Liam Davenport
Using a simple point-of-care (POC) finger pricking device to measure blood glucose and lipid levels significantly increases rates of physical health checkups for patients with severe mental illness, new research shows.

Guest Opinion: Mental Health Court in Bucks County is Long Overdue
Bucks County Courier Times
July 13, 2020
Martha Stringer
The first and best line of defense is keeping the mentally ill from being incarcerated in the first
There is a lot to be proud of if you are a resident of Bucks County. According to the Visit Bucks County website, Bucks is the fourth most populous county in Pennsylvania. It’s home to five colleges, 15 public school districts and eight private schools. County and state parks mean hikers enjoy 475 miles of trails and abundant golf courses makes Bucks a “golfer’s haven.”

But residents of Bucks County have something to be ashamed of: the treatment of mentally ill defendants by our court system which routes individuals to jail instead of to professional services which could address their mental health needs.

Once incarcerated a disregard for an individual’s need for appropriate mental health treatment serves to cause further and often debilitating deterioration.

**The Hidden Dangers of Supplements: A Case of Substance-Induced Psychosis**
Current Psychiatry
July 2020
Briana Tillman, DO, IBCLC

You are what you eat,” my mother always said, and structured our dinner plates according to the USDA food pyramid. We dutifully consumed leafy greens, and prior to medical school I invested time and money into healthy diet choices. I drank green smoothies, pureed baby food for my children, read up on the pH balancing diet, grew sprouts on windowsills, bought organic.

With the stressors and time constraints of managing medical school and a family, nutrition tumbled down the ladder of priorities until eventually my family was subsisting on chicken nuggets, pizza, ad peanut butter. Intern year has only added the occasional candy bar from the doctors’ lounge. I experienced a vague sense of loss for something I had once valued, but simultaneously felt dismissive of trendy topics such as omega-3 fatty acids and antioxidants in the face of myocardial infarctions and liver failure. A biochemistry professor once scoffed at “the laypeople’s obsession with toxins,” and nutrition received zero attention in our medical school curriculum or board exams.

**Karuna Therapeutics and PsychoGenics Announce Drug Discovery Collaboration**
Press Release
July 28, 2020

Multi-year drug discovery collaboration leveraging behavioral and physiological phenotypic screening and machine learning to identify novel neuropsychiatric drug candidates.

Karuna Therapeutics, Inc., an innovative clinical-stage biopharmaceutical company committed to developing novel therapies with the potential to transform the lives of people with disabling and potentially fatal neuropsychiatric disorders and pain, and PGI Drug Discovery LLC (PsychoGenics), a phenotypic drug discovery platform company, today announced that the companies have entered a multi-year drug discovery and development agreement to identify potential novel drug candidates for the treatment of severe neuropsychiatric disorders.

**Nonpharmacologic Treatment of Aggression and Violence in Individuals With Psychosis**
Contemporary Psychiatry
May 2004
Sandra M. Wilkniss, PhD, Stevenson M. Silverstein, PhD, and Richard H. Hunter, PhD

Untreated aggression and violence in psychotically ill individuals is a major public health concern. Study data from the National institute of Mental Health Epidemiologic Catchment Area reported that individuals with psychosis had a threefold greater likelihood of violent acts in 1 year than members of the general population. Aggressive behavior in the psychotically ill is significantly associated with poorer treatment adherence, outcome, and community tenure, resulting in frequent relapse and rehospitalization, increased likelihood of incarceration, and homelessness.

**Help Support Schizophrenia and Related Disorders Alliance of America**

Amazon donates to Schizophrenia & Related Disorders Alliance. Shop for great deals at smile.amazon.com

Easy steps to support Schizophrenia and Related Disorders Alliance of America through Amazon Smile:
1. Sign in to your Amazon account at amazon.com/smile.
2. Select Schizophrenia and Related Disorders Alliance of America
Search for and select Schizophrenia and Related Disorders Alliance of America as your charity. Once selected, you will receive a confirmation email.

3. Shop and checkout as you would on Amazon. No extra cost is passed on to you, but Amazon will automatically donate 0.5% of your purchases to Schizophrenia and Related Disorders Alliance of America.

4. Please share with your friends and family to join you to support Schizophrenia and Related Disorders Alliance of America!

By choosing Schizophrenia and Related Disorders Alliance of America as your charity on smile.amazon.com, Amazon will donate 0.5% of your eligible purchases to Schizophrenia and Related Disorders Alliance of America.

Please take a moment to find out how you can help support SARDAA, not only today but every day - at no extra cost to you!!

Shop with PayPal and choose SARDAA to Donate with PayPal Giving Fund to help support SARDAA.

Texas and Louisiana Friends: 
Re-Enroll Your Kroger Plus Cards

You can support SARDAA without spending a penny! Register Schizophrenia and Related Disorders on your Kroger Plus Card and they will donate a percentage to SARDAA each time you use your card.

Please register online at www.krogercommunityrewards.com
Link to: Schizophrenia and Related Disorders–Kroger Plus Card XA142

Help Change Lives -- Donate Now

Thank you to those who already made a donation. 
Every contribution makes a difference.

Donate to SARDAA>><>
Sincerely,
Angel White, Editor